

Discover Your Superpowers

Who doesn't want someone to swoop in and save the day or make what seems impossible—possible?

DC Super Heroes provide all kinds of life lessons for parents to share with their kids while also helping them discover what individual powers they may have. Super Heroes are iconic symbols of teamwork, self-discovery, strength, and justice that inspire children and families to be more than they are, and do more than they think they can.

SUPERMAN™ has every power you can imagine from super strength, to flight, to x-ray vision. WONDER WOMAN™ is a fierce warrior who is strong and fast and uses a Lasso of Truth. BATMAN™ doesn't have superhuman powers; but, he uses his intelligence, high tech gear, and martial arts to fight crime. THE FLASH™ has amazing reflexes, is extremely fast and can time travel by running faster than the speed of light. Even with all of those individual powers, our favorite Super Heroes sometimes need a little help in areas that don't feature their strong assets. When they join together to defeat the villain, children learn that working together as a team and combining strengths can help accomplish more as they overcome obstacles together.

Super Heroes catch Super Villains by using clues to help solve mysteries and challenges. Talk to your children about what their own superpowers are and ways they might ask for help in areas that don't feature their strengths.

“Through imaginative play, children explore and discover all that they can do,” said Susan Michal, director of early education, The Children's Museum of Indianapolis. “Parents can help their children by letting them know mistakes are okay while they explore new experiences, roles, and interactions with different skill sets. It helps build a child's sense of self, confidence, and empowerment when they know their parents support them.”

Parents can support their little ones and continue the learning at home by providing dramatic play opportunities. Ask them what superpower they would create for themselves if there was any superpower they could have. And then provide them with materials, supplies, and clothing that allow them to express themselves as different characters or people in a variety of roles or “worlds”. It doesn't have to revolve around a superpower, it could be something that interests them such as a grocery store, post office, medical career, teacher, police or fire department.

While your child is experimenting, explain to them that when we challenge ourselves mentally and physically, we can gain new skills and learn more about ourselves. Just like the real world – it takes all kinds to make this superhuman world successful. Instead of picking apart differences, working together like THE FLASH™, GREEN LANTERN™, CYBORG™ and AQUAMAN™ helps all of us learn to use differences for a greater good.